

## **PORNOGRAPHY: KEY MESSAGES**

### ***NO ONE CAN FORCE YOU TO WATCH PORNOGRAPHY***

You might have come across pornography accidentally, or on purpose. Some people your age have—others have not seen pornography before. Friends, peers or girlfriends/boyfriends may wish to share sexually explicit media with you. You have a right to say ‘no’ if you don’t wish to receive, or see, pornography.

### ***YOU MIGHT HAVE MIXED FEELINGS ABOUT PORNOGRAPHY - AND THAT'S OKAY***

Not everyone watches pornography. And not everyone who has seen it wanted to, or wants to see it again. It is perfectly normal not to want to watch pornography—not everyone does. Or, you might feel negative and positive feelings about pornography. For example, you may feel aroused or entertained, but also uncomfortable or embarrassed. You are entitled to your own feelings about pornography.

### ***CONSENT IS CRUCIAL***

If you watch pornography, you might get the impression that everyone wants to have sex all the time. But that just isn’t true. Working out if you and your partner both want to have sex can be difficult – but it is a must. Having sex without the other person’s free agreement is never okay. Learn to communicate well and check in with your partner with questions like ‘Would you like to...?’ or ‘Are you sure?’ It’s important to be really clear that consent is mutual, ongoing, given voluntarily and enthusiastic! For more on what consent looks and sounds like, see [Consent – do you get it?](#)